

# THE WEDDING MORNING CHECKLIST & TIMELINE

*A curation of peace, presence, and preparation.*

## A Note From Chris

Your wedding morning should not feel like a race against a clock—it should feel like the beautiful prologue to the best story of your life. Over my 35 years of guiding brides through these precious hours, I've learned that the secret to a calm morning isn't rushing; it's structure.

When you have a plan, you can truly let go. Use this timeline and checklist to coordinate your suite, delegate the little things, and set a peaceful pace. Once the schedule is set, take a deep breath, look around at the people who love you, and let yourself be completely present in every single second. You deserve a morning as beautiful as the day ahead.

*Wishing you a beautiful morning,*  
***Chris Ramsay***

Founder, Well Chosen Weddings  
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# WEDDING MORNING TIMELINE

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*Adjust the pre-filled times below to customize your schedule. Open this page in a web browser to type your times directly into the boxes, then print or save as a PDF!*

7:00 AM

**Wake Up & Hydrate:** Put on a calming playlist, stretch, and drink a large glass of water.

7:30 AM

**Nourishing Breakfast:** Do not skip this! Sit down and eat a real, protein-rich meal.

8:00 AM

**Glam Squad Arrives:** Artists set up. Bridesmaids and moms begin their scheduled slots.

10:30 AM

**Photographer Arrives:** Flat-lay detail shots begin (dress, invitation suite, rings, shoes).

11:30 AM

**Midday Energy Boost:** Set out light, clean finger foods and continue hydrating with straws.

12:00 PM

**The Bride's Hair & Makeup:** Your styling window. Stylists finish you last so you are freshest!

1:00 PM

**Step into the Dress:** Make sure bridesmaids and moms are fully dressed before helping you.

1:45 PM

**First Look & Pre-Ceremony Photos:** Hand off to the photo team for portraits and wedding party shots.

2:30 PM

**Quiet Time & Touch-Ups:** Tuck away safely before guests arrive. Restroom, water, and deep breaths!



# MORNING-OF ACTION CHECKLIST

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*Check off these essential tasks as you go to guarantee a seamless, highly organized bridal suite.*

## 1. SUITE PREP & ORGANIZATION

- ☐ Hang wedding dress & veil (steam gently if needed)
- ☐ Set up "Glam Station" near the best natural light source
- ☐ Clear out luggage, trash, and background clutter for tidy photos
- ☐ Consolidate flat-lay styling details in a single box for photography

## 2. MINDSET & WELLNESS

- ☐ Drink 2 full glasses of water before lunch begins
- ☐ Eat a balanced, filling breakfast (don't rely on just coffee!)
- ☐ Hand your phone to your Maid of Honor or Planner (your gatekeeper)
- ☐ Take 5 minutes for quiet reflection or deep breathing alone

## 3. ATTIRE & STYLING DETAILS

- ☐ Remove tight socks and wristbands early to prevent skin indents
- ☐ Put on wedding day perfume & jewelry \*before\* leaving the room
- ☐ Keep a crochet hook nearby for tricky dress buttons
- ☐ Use drinking straws to protect fresh bridal lip color

## 4. THE FINAL OUT-THE-DOOR CHECK

- ☐ Verify marriage license is packed and in safe hands
- ☐ Hand the Emergency Kit to your designated "Kit Commander"
- ☐ Confirm vendor tips/payment envelopes are with the coordinator
- ☐ Pack a small touch-up bag (lipstick, powder, blotters) to go

